



Kara Wilson

Chief Operating Officer

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Kara A. Wilson (she/her) is the Chief Operating Officer at Project Shema, leading organizational strategy, operations, and culture. Focused on fostering environments where individuals can bring their full selves to their work. She holds a Master of Public Health (MPH) specializing in Program Management and Systems Evaluation and has been published for her research contributions. Before stepping into the Jewish professional space, Kara held leadership roles in higher-ed development, pharma communications, and health-focused nonprofits. In addition to her role at Project Shema, she is pursuing rabbinical studies at the Reconstructionist Rabbinical College, deepening her commitment to building communities of justice and belonging. She lives in Central New Jersey with her partner and two children.